



BREAST CANCER
AWARENESS

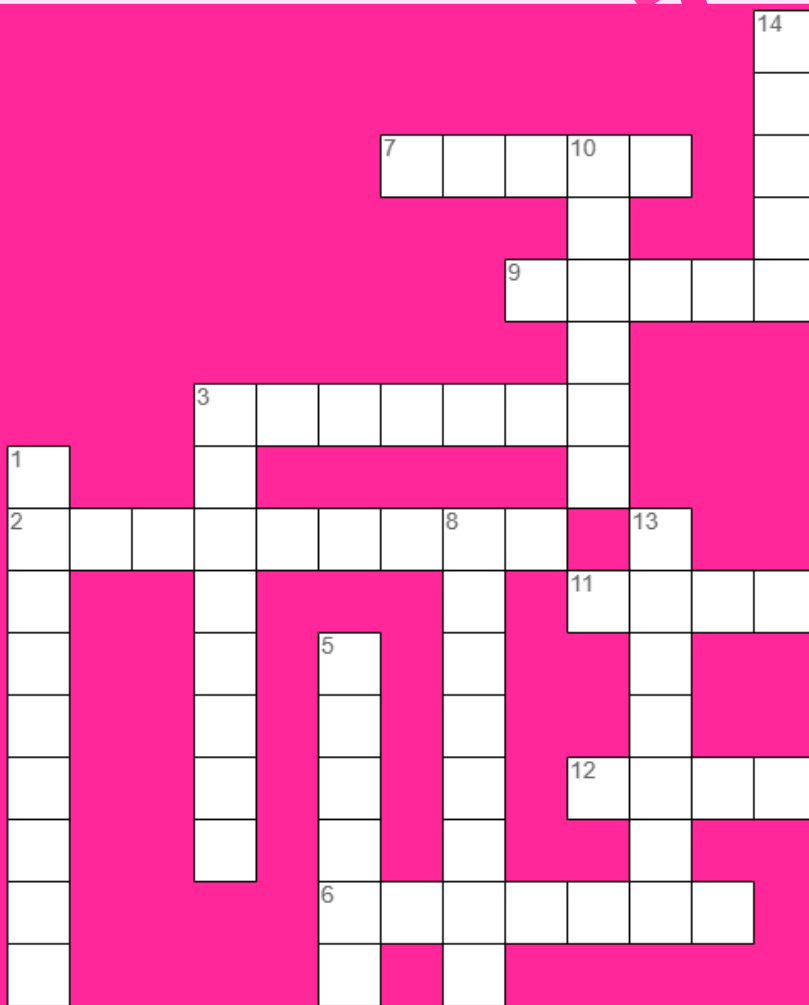
MONTH

ACTIVITY BOOK



BREAST CANCER AWARENESS

WORD SEARCH



ACROSS

2. What we raise to help others recognize the importance of early detection.
3. What friends, family, and communities offer during the journey.
6. The month when pink takes center stage worldwide.
7. The determined effort to beat breast cancer.
9. The best time to detect changes for better outcomes.
11. A powerful feeling that fuels strength and healing.
12. What medical teams and loved ones provide every step of the way.

DOWN

1. A screening tool that helps detect breast changes before symptoms appear.
3. Someone who has faced breast cancer and continues to thrive.
5. A small symbol with a big message, often worn to show support.
8. What it takes to fight, endure, and overcome.
10. The goal we protect through awareness and action.
13. The bravery shown in facing diagnosis, treatment, and recovery.
14. What brings people together to support a shared

BREAST CANCER AWARENESS

MYTH OR FACT?

ONLY WOMEN WITH A FAMILY HISTORY OF BREAST CANCER ARE AT RISK.

 **MYTHS**

MEN CAN GET BREAST CANCER TOO.

 **FACTS**

A LUMP IS THE ONLY SIGN OF BREAST CANCER.

 **FACTS**

WEARING UNDERWIRE BRAS INCREASES YOUR RISK OF BREAST CANCER.

 **MYTHS**

MAMMOGRAMS CAN DETECT CANCER BEFORE SYMPTOMS APPEAR.

 **MYTHS**

BREAST CANCER ALWAYS FORMS A LUMP YOU CAN FEEL.

 **MYTHS**

BREAST CANCER IS ALWAYS HEREDITARY.

 **FACTS**

A HEALTHY LIFESTYLE CAN HELP REDUCE YOUR RISK OF BREAST CANCER.

 **FACTS**

BREAST CANCER ONLY AFFECTS OLDER WOMEN.

 **MYTHS**

EARLY DETECTION IMPROVES TREATMENT OUTCOMES AND SURVIVAL RATES.

 **MYTHS**

BREAST CANCER AWARENESS



“MESSAGES OF HOPE” — TRIBUTE & ENCOURAGEMENT WALL

WRITE A SHORT MESSAGE OF ENCOURAGEMENT, TRIBUTE, OR REMEMBRANCE FOR SOMEONE AFFECTED BY BREAST CANCER.



BREAST CANCER AWARENESS

PINK & PROUD

THIS PAGE IS ALL ABOUT CELEBRATING STRENGTH, JOY, AND THE POWER OF PINK ,WITH A LITTLE HUMOR AND HEART.

IF YOUR SUPPORT WERE A SUPERHERO, WHAT WOULD ITS NAME BE?

DESCRIBE YOUR STRENGTH IN THREE WORDS.

WHAT'S YOUR "PINK POWER MOVE" WHEN YOU NEED A CONFIDENCE BOOST?

WHAT'S YOUR GO-TO SONG WHEN YOU NEED TO FEEL EMPOWERED?